

Out of the 34 GP Surgeries that we called up...

Only 8 said that they offered annual health checks for people with learning disabilities.

2 said that they did not offer health checks for people with learning disabilities.

And **10** did not know what an annual health check for someone with LD was.

14 surgeries could not give us an answer, either because the hold time was more than 10mins or because they asked us to call back another day to talk to another member of staff.

Some of our conversations...

Best thing is - fax over your question and we can answer it.

We're disabled people, we don't use fax.

Ok, bear with me one moment... No, no, we don't do anything like that I'm afraid.

Where can I get one?

I really don't know to be honest, maybe google it?

"We don't do health checks as such, if you've got concerns you can book an appointment with the doctor."

"I can't give you any information I'm afraid. I don't know what you mean... disabled?"

Our experience...



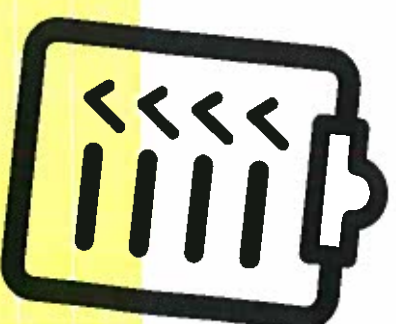
On 50% of our calls we thought that we were not given any useful information.

What surgeries told us sometimes made us feel ... nervous, sad, angry, confused, as well as pleased, relaxed and good.



What can you do about it?

What can you do as a professional to promote health checks in Harrow?



People with a Learning Disability should be offered an annual health check by their GP.



We are a group of 5 campaigners from Harrow Mencap, and we wanted to find out whether Harrow GPs offer healthchecks.

The RCGP's Commissioning Guidelines require that: "Annual health checks for people with learning disabilities are promoted (target 90%.)"

Improving the Health and Wellbeing of People with Learning Disabilities, an Evidence Based Commissioning Guide for CCGs. 2012

So we called up all 34 GP surgeries in Harrow and asked them:

"Do you offer health checks once a year for people with learning disabilities?"

This is what we found...

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